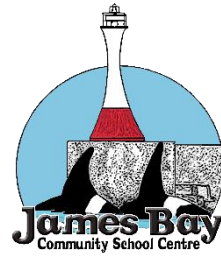


140 Oswego St
 Victoria, BC V8V 2B1
 250-389-1470
centredesk@jamesbaycentre.ca
www.jamesbaycentre.ca
 \$7.10 (\$66.00 for the 10 meal ticket)
 55+ Dinners served @ 4:45 PM




October Menu

TUESDAYS

| | |
|--------------|-----------------------|
| Tues, Oct 1 | Chili with Corn Bread |
| Tues, Oct 8 | Spaghetti |
| Tues, Oct 15 | Stew |
| Tues, Oct 22 | Salmon Burgers |
| Tues, Oct 29 | Cabbage Rolls |

THURSDAYS

| | |
|---|--|
| Thurs, Oct 3 | Chinese Food: <u>Sweet & Sour Pork, Fried Rice & Chow Mein</u> |
| Thurs, Oct 10 5:30 PM Tickets \$9.00 adult \$4.50 Child | Community Thanksgiving Dinner ~Serving~ Baked Ham, Mashed Potatoes, Harvest Veggies & Pumpkin Pie  |
| Thurs, Oct 17 | Beef Dip |
| Thurs, Oct 24 | Lasagna |
| Thurs, Oct 31 | No Dinner |

