James Bay Community School Centre

140 OSWEGO STREET 250-389-1470

WWW.JAMESBAYCENTRE.CA



July & August 2021

SUMMER PROGRAM & ACTIVITY PAGE



1.Online: www.jamesbaycentre.ca 2. By Phone: 250-389-1470

3. In Person: @ 140 Oswego





ADULT CLASSES

Computer Courses

All computer courses are taught by David Basset of CompuDave Services—35 years experience. Mac and Windows users welcome. Windows computer supplied for course. Please bring applicable Mac's, iPads, iPhones, iPods, and Android.

Windows File Management

Organize your files and folders. Learn backups and how to create shortcuts or aliases, rename and delete files, and what different file types there

3530 Tues Aug 10 9:00-10:30am 1/\$37

Mac File Management

Organize your files and folders. Learn backups and how to create shortcuts or aliases, rename and delete files, and what different file types there

3531 Tues Aug 24 9:00-10:30am 1/\$37

MS Word (PC & Mac)

This standard word processor will help get yourself back into the workforce or just upgrade your professional skills.

3532 M/W July 26 & 28 9:00am-12:00pm 2/\$148

Computer Courses Cont. Computer Courses Cont.

iCloud for Mac/Windows/iPad/iPhone

Learn how to use iCloud for all your Mac products. 3474 Thurs Aug 26 10:40am-12:10pm 1/\$37

Android (Samsung, LG, etc.)

Intro to your Android tablet (e.g. Samsung) or Android smart phone (e.g. Samsung. LG) are discussed.

3534 Mon Jul 19 9:00am-10:30am 1/\$37

MS Excel (PC & Mac)

This standard spreadsheet will help get yourself back into the workforce, keeping track of your own investments and business bookkeeping. 3535 T/Th July 27 & 29 9:00am-12:00pm 2/\$148 Practical and fun! List of apps emailed to stu-

Intro to iPad

Demonstrate; transferring songs to your iPad from Internet or CD, sync with your Mac or PC, playback iPad/iPhone, Photos, Music and Podcasts options, basic operation.

3536 Tues Jul 20 10:40am-12:10pm 1/\$37

Intro to iPhone

Find how to transfer address books, calendars, photos, & music (iTunes). How to do texting, browsing the Internet, emailing, apps, changing the setup.

3537 Tues Jul 20 9:00am-10:30am 1/\$37

Intro to Mac

An introduction to a safe and easy-to-use computer technology with features like email, internet access, CD burning, photo and music, etc. 3538 Thurs Aug 12 9:00am-10:30am 1/\$37

Intro to Siri

How to use voice for your Mac, your iPhone, your iPad, your Apple Air Pods, your AppleTv, your Home Pod, your CarPlay ,etc. Learn dictation rules, how to email, message (text), play music, make a phone call, launch apps, navigate with Maps (GPS), make appointments on Calendar, translate to different languages, find gas stations, places to eat... all with the voice! Great for mobile and visually impaired people,.

3539 Wed Aug 25 9:00am- 10:30am

Intro to iTunes/ Music

Learn how to organize/add music, burn cd's, listen to radio on Apple's iTunes program.

3540 Thurs Aug 26 9:00-10:30am 1/\$37

iPad/iPhone & Andriod for Travelers

Discover great travelling, translation, and mapping apps for the iPad/iPhone. Learn how to research B&Bs, rentals, restaurants, tours and more for your trip!

3541 Mon Jul 19 10 :40am -12:10pm 1/\$37

iPad/iPhone & Android Apps

Learn what the best free apps, best paid apps!

Jul 22 9:00am-10:30am 1/\$37 3542 Thurs

How to organize/transfer photos on your device, what photo apps are practical, transfer songs to your iPad/iPhone, and sync with your Mac or PC. 3543 Wed Jul 21 10:40am-12:10pm 1/\$37

Apple TV/Netflix

The "how to" on connecting your iPad/iPhone/ Mac/PC to your TV wirelessly. Netflix and Airplay set up and other features explained. 1/\$37

3544 Wed Aug 25 10:40am- 12:10pm

Photos for Windows

How to find, manipulate, email, archive (store), share, print and organize photos on Windows. 3545 Tues Aug 10 10:40am- 12:10pm 1/\$37

Photos for Mac

How to scan, organize, edit, email with different sizes, create cards, slideshows, books, calendars 3546 Tues Aug 24 10:40am- 12:10pm 1/\$37



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JULY & AUGUST 2021

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ADULT CLASSES

Yoga

Outside Morning Yoga

Morning Yoga is perfect for anyone looking to begin their day connecting breath and movement in a mindful way to help soften tight muscles, ease joint pain, connect the body and mind at a peaceful, slower pace. A perfect bridge between moving in flow and staying stationary. This class is appropriate for all levels.

Instructor: Samantha Roy C-IAYT 3547 Tues July 6—Aug 10 9:00—10:00am 6/\$60

Fitness

Outside Morning Zumba

Zumba Fitness is a group-exercise program that lets you dance to beautiful music around the world while getting a great workout in. It is so much fun! Zumba Fitness is an interval workout between high-and-low intensity that targets core, arms, back, legs and glutes. You don't need any dance background whatsoever -- just simply join us and let's have some fun! *Instructor: Annie Kung* 3548 Thurs July 8—Aug 12 9:00—10:00am 6/\$60

fall program
guide &
registration
starts
August 10th

CHILD & YOUTH

Kids Karate (6-14yrs)

Wado style training and instruction. A challenging and fun program that emphasizes physical fitness, self-confidence, discipline and self-defense skills. This class is for beginners or who have some experience in martial arts. *Instructor: Wado Canada* 3549 T/Th July 6—Aug 12 4:00-5:30pm 12/\$72

Home Alone Course (9-12yrs)

Is your child ready to stay home alone? The Home Alone program helps children and their families get ready for their child's first steps towards independence and being without adult supervision. This program is ideally suited for children aged 9-12 years old. Safety and accident prevention are the common theme throughout the program. The information is kept relevant and current. *Instructor: Josh Gronotte* 3550 Thurs July 29 5:30-8:30pm 1/\$35

√Volunteer!

Come volunteer at the
Centre!
We are always looking
for more amazing people
to help out our dinner
program, events,
childcare, and SO much
more!

It's a great way to be connected to your community and meet new, lovely people

Contact Suzie, our Volunteer Coordinator, at volunteer@jamesbaycentre.ca

Follow us to keep up-to-date! Instagram: @jamesbaycentre Facebook: Jamesbaycentre





We're Hiring!

Starting August 1st, the Centre will be in search for fantastic people to join our team.

Positions available:

1. Join our Front Desk team!

The position has part-time, flexible hours for a person who has a strong customer service background.

Contact Suzie, our Front Desk Supervisor, at volunteer@jamesbaycentre.ca

2. Out of School Care Leader

Join our licensed childcare team to take care of some fun kiddos before and after school! Childcare experience needed and must be +19 year or older.

Contact Chelsea, our Out of School Care Coordinator.

at osc@jamesbaycentre.ca